



# Guide to Choosing a Sponsor

---

A Confirmation sponsor serves as a witness to the Confirmation candidate's commitment to Christ. The sponsor presents the candidate to the Bishop and stands with him/her during the anointing of the Holy Spirit.

Being a sponsor is both a privilege and a responsibility. Please choose a sponsor prayerfully. In choosing a sponsor, the candidate must select a person with the following characteristics:

The sponsor can be either male or female, and may be a family member, family friend, etc. The sponsor can not be a parent of the candidate.

The sponsor must be a Confirmed Catholic who practices his/her faith by regularly attending Sunday Mass, receiving the Eucharist, and leading a life in harmony with the Catholic faith.

As an example of faith in action, the sponsor encourages the candidate to develop a closer relationship with the Lord and to living their faith after Confirmation. The sponsor can do this by participating with the candidate in the Liturgy, Confirmation class, and service projects. The sponsor should also be willing to discuss matters of faith with the candidate.

*These characteristics are taken from the Code of Canon Law of the Catholic Church and the Guidelines of the Archdiocese of Denver.*

